

AUGUST



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Lakeside BULLETIN

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Save these dates... September 10 Cedar Lake Soccer Games Start September 24 Hometown Festival	1	2 Fitness for All @ 8:45 am Easy Does It Fitness @ 10:00 am Town Council Meeting @ 6:00 pm National Night Out @ 7:00 pm Fall Soccer Sign up 7:00pm – 9:00pm @ Nat. Night Out	3 Yoga 9:30 am @ the Clubhouse Plan Commission Meeting @ 7:00 pm	4 Fitness for All @ 8:45 am Easy Does It Fitness @ 10:00 am	5 Fall Soccer Sign Up 9 am-5 pm @ Town Hall Yoga 9:30 am @ the Clubhouse Lake County Fair Begins August 5-14	6 Fall Soccer Sign Up 9 am-1 pm @ Town Hall Hanover H.S. PomCats Tag Day Siren testing @ noon Town Wide Garage Sale 8 am-3 pm
7	8 Redevelopment Commission Meeting @ 7:00 pm	9 Fitness for All @ 8:45 am Easy Does It Fitness @ 10:00 am Police Commission Meeting @ 7:00 pm	10 Yoga 9:30 am @ the Clubhouse	11 Fitness for All @ 8:45 am Easy Does It Fitness @ 10:00 am Board of Zoning Appeals Meeting @ 7:00 pm	12 Yoga 9:30 am @ the Clubhouse	13 Fall Soccer Sign Up 9 am-1 pm @ Town Hall
14 Lake County Fair Ends August 5-14	15	16 Fitness for All @ 8:45 am Easy Does It Fitness @ 10:00 am Town Council Meeting @ 7:00 pm	17 Hanover Community & Tri-Creek Schools start Yoga 9:30 am @ the Clubhouse Unsafe Building Meeting @ 6:30 pm Plan Commission Meeting @ 7:00 pm	18 Fitness for All @ 8:45 am Easy Does It Fitness @ 10:00 am Crown Point Community Schools start	19 Yoga 9:30 am @ the Clubhouse	20 Hanover Band Boosters Tag Day Residential Dumpster Access at Public Works 9am - 1pm
21 Cedar Lake Chamber Golf Outing	22	23 Fitness for All @ 8:45 am Easy Does It Fitness @ 10:00 am Storm Water Board Meeting @ 7:00 pm	24 Yoga 9:30 am @ the Clubhouse	25 Fitness for All @ 8:45 am Easy Does It Fitness @ 10:00 am	26 Yoga 9:30 am @ the Clubhouse	27 Cedar Lake Chamber Tag Day
28 Family Fun Fest at the Lake of the Red Cedars Museum @ 2 pm Museum Live Acoustic Music 3pm – 5pm	29	30 Fitness for All @ 8:45 am Easy Does It Fitness @ 10:00 am Afternoon with Walgreens @ the Clubhouse 1-3 pm	31 Yoga 9:30 am @ the Clubhouse			

Cedar Lake Ecosystem Restoration

On July 14, 2016, the U.S. Army Corps of Engineers (USACE), Chicago District, and the Town of Cedar Lake held a public meeting for the Cedar Lake Aquatic Ecosystem Restoration Project. Thank you to all of those who were able to attend and to Cedar Lake Ministries for hosting this event. USACE Colonel Christopher Drew recognized his staff in attendance and noted the purpose of the meeting was to provide the public with information about the project, as well as gather public input and comments on the recommended plan. Imad Samara, Project Manager and David Bucaro, P.E., Chief, Economic Formulation and Analysis, USACE presented the project. Public comments were made and USACE David Bucaro responded to some of the profound concerns.

On July 21, 2016, USACE and town representatives, including Town Council members Julie Rivera and John Foreman, Town Administrator Jill Murr, and Project Manager Kay Whitlock, Christopher B. Burke Engineering, met in Indianapolis with representatives of Indiana Department of Environmental Management (IDEM) and Indiana Department of Natural Resources (IDNR) to discuss the draft feasibility report.

The draft feasibility report describes the ecosystem project that could be implemented within the 781-acre glacially formed Cedar Lake, as well as along Founders Creek, a tributary to Cedar Lake. This report addresses the need to restore the ecosystem.

Features of the proposed project, the locally preferred plan, described in the draft report include restoration of aquatic plants, reestablishment of a native fish community, and rerouting of Founders Creek to its historic connection with Cedar Lake, removal of 263,000 cubic yards of sediment, chemical substrate restoration through alum dosage over 400-acres of the lake bottom, and implementation of controls.

USACE has extended the comment period and is accepting comments on the report through August 22, 2016. The report and ecosystem restoration information is available on the town's website at www.cedarlakein.org. Comments on the report may be submitted by email to chicagodistrict.pao@usace.army.mil; or mailed to U.S. Army Corps of Engineers, Chicago District, ATTN: Cedar Lake Draft Report, 231 S. LaSalle Street, Ste. 1500, Chicago, IL 60604.

For more information on town events and programs visit www.cedarlakein.org

Cedar Lake Town Hall • 7408 Constitution Ave, PO Box 707 Cedar Lake, IN 46303

INSIDE THIS ISSUE

Back to School
Fall Soccer

At The Clubhouse

Fitness for All

Fitness classes for ALL ages and ALL fitness levels. Chances are you will lose weight, become stronger, be overall healthier improving your quality of life. Designed to be energetic, safe, effective, and FUN! We will engage all muscle groups, improving your strength, flexibility and range of motion.

Where: Cedar Lake Clubhouse, 9800 W. 129th Avenue

When: 8:45 am - Tuesday and Thursday

Cost: \$5.00 per class to be paid upon arrival
pre-registration is not required.

What to bring: Hand weights, a mat and water.

Daycare is not provided but children are welcome.

Easy Does It – Gentle Exercise

For those who need a more gentle exercise– try sitting while working out. It’s easy and you still get the benefits of a work out. Sitting while working with weights and when standing and need a little balance- stand behind the chair.

Where: Cedar Lake Clubhouse, 9800 W. 129th Avenue

When: 10:00 am Tuesday and Thursday

Cost: \$5.00 per class to be paid upon arrival, pre-registration is not required.

What to bring: Hand weights and water. We provide the chair.

YOGA

Learn to let go, tune into your breath and gently stretch your body. Classes are on Wednesday and Friday mornings at 9:30 am at the Cedar Lake Clubhouse, 9800 W. 129th Avenue.

Come join us for some gentle yoga. Appropriate for all ages. New to yoga? Always wanted to try? PERFECT!

Just bring a mat, water and a small towel. Classes led by registered yoga teacher, Kandi Bredar.

Class cost is \$8.00, come a few minutes early to sign in.

Afternoon With Walgreens

Tuesday, August 30th from 1:00 pm – 3:00 pm come join us for an afternoon with Walgreens at the Cedar Lake Clubhouse, 9800 W. 129th Avenue. Talk with representatives about new products or what product is best for you. We need an RSVP so we know how many will be attending. Games also will be played as well as refreshments served.

For further information please contact:

Patsy Casassa at (219) 374-7400 Ext. 119 or email

Patsy.casassa@cedarlakein.org

Inflatables On The Lake

Inflatables are once again on the lake at the beach just behind Cedar Lake Town Hall, 7408 Constitution Avenue. They are free to use, so come on out and enjoy yourself. The Town of Cedar Lake rules for swimming and beach use are posted at the beach, please read.

"Taste of Cedar Lake Golf Outing"

Cedar Lake Chamber of Commerce Golf Outing is holding their annual golf outing at South Shore Country Club, 14400 Lake Shore Dr., Cedar Lake on Sunday, August 21, 2016. Tee off times begin at 9 am. Reservations can be made by calling Diane at the chamber office (219) 374-6157. Tickets are \$80.00 per golfer and include a game of golf, a shared cart, meals and beverages on the course. A "Hole In One Contest" sponsored by State Farm Insurance, Aron Schuhrke will award the lucky winner a 2016 Harley Davidson motorcycle. Other featured contests that day include prizes for the longest drive, longest putt and closest to the pin.



Family Fun Fest

Cedar Lake Historical Association 4th Annual Family Fun Fest: Escape to the Past on Sunday, August 28th from 10 am to 3 pm at the Lake of the Red Cedars Museum on the shores of Cedar Lake! We're expanding our hours and our offerings this year! From 10 am to 3 pm, we'll have a face painter and the IWLA Mobile Archery Clinic will be onsite to offer FREE archery lessons. Many games will be setup all day such as the eyes-only scavenger hunt in the museum, marbles, jacks, and croquet. At 11 am there will be a hands-on history presentation followed by artifact bingo. The watermelon seed-spitting contest is at high noon! Get creative by making a chalk art masterpiece on our sidewalk - judging is at 1 pm. And of course our annual tradition of making ice cream and churning homemade butter will return at 2 pm. Bring your lawn chair or blanket and stay to listen to live music that begins immediately after the fun fest at 3 pm on the museum porch. For more information, call the Historical Association at (219) 390-9423 or visit <http://www.cedarlakehistory.org/>



Schools Start Back In August

Lake Central Schools August 15th

Hanover Community Schools August 17th

Tri Creek Schools August 17th

Crown Point Schools August 18th

Safe Driving Reminder

Slow down and drive safely, especially in school zones and during school hours.

The Cedar Lake Police Department will be providing additional police officers in those zones to insure a safe environment for our school children.

Cedar Lake Police offer these safety tips:

- If you're driving, obey the 20 mph speed limit in school zones.
- Be vigilant and courteous to children crossing the street.
- If you're a parent, consider walking or biking to school with your students where possible to reduce congestion, improve safety and provide young people with needed physical activity.

In addition, the Cedar Lake Police are asking parents to please remind their children to:

- Never walk while texting or talking on the phone.
- If texting, move out of the way of others and stop on the sidewalk.
- Never cross the street while using an electronic device.
- Do not walk with headphones on.
- Be aware of the surroundings
- Not to walk along any railroad tracks.



Cedar Lake Fall Soccer Program 2016

Cedar Lake Fall Soccer Program will be having sign ups on:
Tuesday, August 2nd from 7:00 pm – 9:00 pm (during National Night Out)
Friday, August 5th from 9:00 am – 5:00 pm at Town Hall,
Saturday, August 6th and 13th from 9:00 am – 1:00 pm at Town Hall

Age groups include 4-5; 6-7; 8-10; 11-14 and this year a 15-19 team.

All teams will have one practice a week starting the week of August 16th from 6:00 pm – 7:00 pm

If you cannot make it for the times listed to sign up or have questions please contact

Patsy Casassa
(219) 374-7400 ext.119 or email:
patsy.casassa@cedarlakein.org



REMINDER:

Holiday Garbage/Recycling Pick Up Schedule Labor Day, Monday, September 5, 2016 Garbage and recycling will be picked up 1 day later on Tuesday, September 6, 2016.