SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Save the D Trunk or Treat – Oc			1 Fitness for All @ 8:00 am Easy Does It Fitness @ 9:15 am	2	Siren Testing at 12pm
4	5 Labor Day Town Hall closed	6 Fitness for All @ 8:00 am Easy Does It Fitness @ 9:15 am Trash & Recycling Pickup Town Council Meeting @ 7:00pm	Plan Commission Work Session	8 Fitness for All @ 8:00 am Easy Does It Fitness @ 9:15 am Board of Zoning Appeal Meeting @ 7:00pm		10 Fall Soccer Games Starts @ 9am Lake County Solid Waste,Lake County Highway
11 911 Remembrance Day Museum Live Acoustic Music 3pm - 5pm Yoga 6pm-7pm @ Town Hall	Redevelopment Commission Meeting @6:00pm	Fitness for All @ 8:00 am Easy Does It Fitness @ 9:15 am Police Commission Public Meeting @ 7:00pm		15 Fitness for All @ 8:00 am Easy Does It Fitness @ 9:15 am	16	17 Hanover / Dance Tag Day Residential Dumpster Access at Public Works 9am-1pm
18 Yoga 6pm-7pm @ Town Hall	19	Fitness for All @ 8:00 am		Pitness for All @ 8:00 am Easy Does It Fitness @ 9:15 am Chamber Luncheon 12pm at Harry O's		24 Hometown Festival
25 Yoga 6pm-7pm @ Town Hall	26	Fitness for All @ 8:00 am Easy Does It Fitness @ 9:15 am Storm Water Board Meeting @7:00pm	28	29 Fitness for All @ 8:00 am Easy Does It Fitness @ 9:15 am	30	

SEPTEMBER 2016 Cedar Classification SEPTEMBER 2016 Control of the control of

Indiana Bicentennial 2016

In honor of Indiana's Bicentennial all 19 cities and towns in Lake County were asked to raise the 1818 United States Flag in honor of the Bicentennial. A replica of the 1818 US flag, which was raised Friday, August 5th at Town Hall will fly until December 11, 2016, when it will be 'retired' and put on display in Cedar Lake's Town Hall.

In conjunction with other activities on Saturday, September 24th at 1:00pm the Cedar Lake Museum will host Terry Lynch of HFK Presentation as the 23rd President of the United States, Benjamin Harrison of Indianapolis, bringing into focus what enabled the great state of Indiana to influence the nation. Following this presentation at 2:30pm the Dyer Wind Ensemble will perform music from their Bicentennial Concert.

In honor of Indiana's Bicentennial, the Torch Relay will be coming through Lake County. There are 30 people that have been chosen to carry this torch. Our own Town Council Member Robert Carnahan will be one of the torch bearers as it comes through Lake County, Indiana. To follow the route or to find out more information visit, www.southshorecva.com and type in Torch Relay. You can also follow the Indiana Bicentennial Torch Relay on social media, visit INTorchRelay on Facebook, Twitter and Instagram.



INSIDE THIS ISSUE

At the Clubhouse

Gymnastics, Skating and Hockey



Cedar Lake/Midwest Training & Ice Center

Cedar Lake is partnering with Midwest Training & Ice Center. By going through Cedar Lake to register for classes you will avoid their \$25.00 yearly membership fee.

Tots-Learn to Skate - Beginner Skating

Ages 3-5 - \$80.00 for 4 classes Sept. 1-22 / Thursdays 5:15pm - 6:00pm & Sept. 3-24 / Saturdays 9:00am - 9:45am

Oct. 6-27 / Thursdays 5:15pm – 6:00 pm & Oct. 8 – 29 / Saturdays 9:00am – 9:45am

Pre-Alpha-Beginner Skating Lessons

Ages 6 & older - \$80.00 for 4 classes Sept.1-22 / Thursdays 5:15pm - 6:00pm & Sept. 3-24 / Saturdays 9:00am - 9:45am

Oct. 6 – 27 / Thursdays 5:15pm – 6:00pm & Oct. 8 – 29 / Saturdays 9:00am – 9:45am

Pre-Hockey – Beginner Hockey Skating

Ages 3 & up - \$140.00 for 8 classes Sept. 2-24 / Fridays 4-5pm & Saturdays 10-11am

Blackbirds Youth Hockey Development Program Ages 3 & up - \$140.00 for 8 classes Oct. 7 - 29 / Fridays 4-5pm and Saturdays 10-11am

Preschool Artistic Gymnastics,

Ages 3-5 - \$85.00 for 4 classes Sept. 6-27 / Tuesdays 5:00pm - 5:55pm & Oct. 4- 25 / Tuesdays 5:00pm - 5:55 pm

Morning - Preschool Artistic Gymnastics,

Ages 3-5 - \$45.00 for 4 classes Sept. 7-28 / Wednesdays 11:30am - 12:25am & Sept. 9-30 / Fridays 11:00am - 11:55am

Oct. 5 – 26 / Wednesdays 11:30am – 12:25pm & Oct. 7 – 28 / Fridays 11:00am – 11:55 am

Beginning Artistic Gymnastics Classes

Ages 6 & older - \$85.00 for 4 classes Sept. 6-27 / Tuesdays 5:00pm - 6:00pm & Oct. 4-25 / Tuesdays 5:00pm - 6:00pm

For more information please contact Patsy Casassa at (219) 374-7400 ext. 119 or email patsy.casassa@cedarlakein.org

Cedar Lake Hometown Fest

This year's Hometown Fest will be held on Saturday, September 24th from 10am till 6pm, on the Town Grounds. There will be cookie and pie baking contests, games, music and much more. Check out their website: www.cedarlakesummerfest.com and click on Hometown Fest.

Cedar Lake Public Works

The Public Works Department would like to remind the town that we have 2 more Saturdays that we will be open for waste disposal: Saturday, September 17th and Saturday, October 15th from 9:00am – 1:00pm. On these days, residents are welcome to dispose of furniture, carpet, wood, appliances, tires, metal, branches or even electronic waste. If you have a question about a specific item, please call the Public Works office at 219-374-7478, prior to your visit.

Lake County Solid Waste Management District has 2 more hazardous materials collection dates left this year; Saturday, September 10th from 9:00am – 2:00pm at the Lake County Highway Department - 18211 Wicker Avenue in Lowell and Saturday, October 15th from 9:00am – 2:00pm at the Griffith Public Works-134 South Colfax.

Mosquito spraying will continue throughout fall so long as weather permits.

If you'd like more information about these dates or about any other Public Works services, call Public Works (219) 374-7478 or email Sara at sara.voss@cedarlakein.org.

Cedar Lake Chamber of Commerce

Harry O's will be the site of the September 22nd Chamber Luncheon. Featured speaker is Speros Batistatos, President and CEO of South Shore Convention & Visitor's Bureau regarding Tourism. If you plan to attend the luncheon which starts at noon, please call the Chamber to RSVP at (219) 374-6157.

Lake of the Red Cedars Museum

Take advantage of the nice weather and come visit Cedar Lake's Historical Museum. Tours are available Thursday & Friday 3:00pm – 6:00pm and Saturday and Sunday 2:00pm-6:00pm. Sunday, September 11 will be the last of the Live Acoustic Music from 3:00 – 5:00pm, - come out and enjoy a relaxing afternoon.

Reminder

Holiday Garbage/Recycling Pick Up Schedule Labor Day, Monday, September 5, 2016. Garbage and recycling will be picked up 1 day later on Tuesday, September 6, 2016.

Remember

This year is a presidential election. Remember, you need a photo ID in order to vote in Indiana. Your vote counts!! If you are not registered to vote you can do so by going online: http://www.indianavoters.com/. Or in person at: Lake county Complex, 2293 N. Main Street, Crown Point, IN Call (219) 755-3814 for more information. Registration ends on October 11, 2016.

Cedar Lake Police Department

Light it up blue and show your support for Law Enforcement! Beginning Monday, August 22, 2016.

FREE blue light bulbs will be available to residents. You can pick up your free blue light bulb at the Cedar Lake Police Department Monday – Friday from 8:00am-5:00pm and on Saturdays from 7:00am-3:00pm. The free blue light bulbs will also be available during Cedar Lake Hometown Fest on Saturday, September 24, 2016.

This was made possible from a donation made by Cedar Lake True Value and the Cedar Lake Florist. We thank them for all of their support as well.



At The Clubhouse

Cedar Lake Clubhouse, 9800 W. 129th Avenue

Fitness for All

Want to become stronger and overall healthier? Designed to be energetic, safe, effective, and FUN! Be ready to engage and improve your strength, flexibility and range of motion.

When: 8:00am – 9:00am, Tuesday and Thursday

Cost: \$5.00 per class

What to bring: Hand weights, a mat and water.

Daycare is not provided but children are welcome.

Easy Does It – Gentle Exercise

For those who need a more gentle exercise – try sitting while working out. It's easy and you still get the benefits of a work out.

When: 9:15am-10:00am Tuesday and Thursday

Cost: \$5.00 per class

What to bring: Hand weights and water. We provide the chair.

"Flu Clinic" hosted by Walgreens

Walgreens will be on hand at the Clubhouse on Tuesday, September 27th for a "Flu Clinic". Dr. Esther Park, RxM will be giving out flu shots – both Trivalent (regular) and High-dose. There will also be information on hand regarding other vaccinations. Please call Walgreens, (219) 374-9346 to ask any questions and to RSVP for the "Flu Clinic".

For further information please contact:

Patsy Casassa at (219) 374-7400 Ext. 119 or email Patsy.casassa@cedarlakein.org

YOGA at Town Hall

Learn to let go, tune into your breath and gently stretch your body. Appropriate for all ages.

When: 6:00 pm – 7:00pm Sunday, starting September 11th. What to bring: A mat, water and a small towel. Classes led by registered yoga teacher, Kandi Bredar.

Cost: \$8.00 per class, come a few minutes early to sign in.

